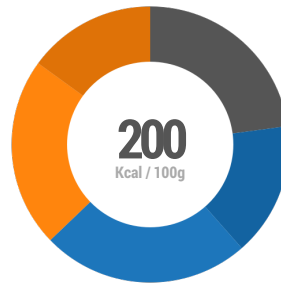


# Mini Beef Tacos

By Mark Irish from Brakes

Overview ...



CALORIES:

**39.9% Carbs**

**22.9% Protein**

**37.2% Fat**

Food Labelling...

Serves 1

CONTAINS:



WHEAT



CELERY



MUSTARD

MAY CONTAIN:



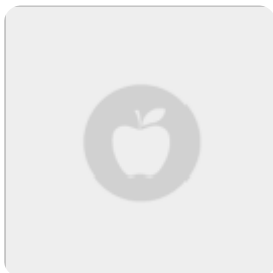
SESAME

Recipe Ingredients ...

| Recipe Ingredients ...   | Quantity: | Description: |
|--|-----------|--------------|
| 123351 La Boulangerie Fully Baked Mini Soft White Tacos - BRAKES | 29g       | 2x Each      |
| 129179 Slow Cooked Beef Barbacoa - BRAKES                        | 80g       |              |
| 123174 Sweet & Sour Onion Pickles - BRAKES                       | 5g        |              |
| 10473 Spring Onions Bunch - BRAKES                               | 10g       |              |
| 10397 Salad Cress - BRAKES                                       | 2g        |              |

Products / Pack Sizes ...

1 Serving



**Product code**

**Barcode**

126g / 254kcal

# 1

Cooking Instructions & Notes

**Preparation:**

Warm the tacos on the chargrill

Finely slice spring onions

**Method:**

1. Heat the beef as per the packaging instructions until core temperature has been achieved
2. Fill each taco with the beef, then garnish with the sweet & sour onion pickles, spring onions and cress
3. Serve